

CURRICULUM VITAE

ROGER N. CHAMS, M.D.
Illinois Bone and Joint Institute, LLC

Specializing in Orthopaedic Surgery- Sports Medicine
Arthroscopic Surgery & Reconstruction of the Knee and Shoulder
Cartilage Restoration / Transplantation / Orthobiologics
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720 Florsheim Drive
Libertyville, Illinois 60048

1275 E. Belvidere Rd., Suite 150
Grayslake, IL 60030

1919 Skokie Valley Rd.
Highland Park, IL 60035

HOSPITAL APPOINTMENTS

Northwestern Lake Forest Hospital
Northwestern Lake Forest Hospital- Grayslake Surgical Center
Hawthorn Surgical Center
Northshore University Health Systems- Evanston Hospital
Illinois Sports Medicine and Orthopaedic Center (ISMOC)

EDUCATION

FELLOWSHIP

Southern California Orthopaedic Institute (S.C. O. I.)
Sports Medicine/Arthroscopic Fellowship
Stephen J. Snyder, M.D., Chairman
6815 Noble Avenue
Van Nuys, California 91405
(818) 901-6600
August 1, 1997 – August 9, 1998

ORTHOPAEDIC RESIDENCY

University of Illinois at Chicago College of Medicine
Department of Orthopaedic Surgery (M/C 844)
209 Medical Sciences South
901 South Wolcott Avenue
Chicago, Illinois 60612
(312) 996-7160
July 1, 1993 – June 30, 1997
Board Certification, 1998

MEDICAL SCHOOL

M.D., University of Illinois at Chicago College of Medicine
808 South Wood Street
Chicago, Illinois 60612
(312) 996-2450
August, 1988 – May, 1992

LICENSURE

Illinois; Physician and Surgeon
California; Physician and Surgeon

BOARD CERTIFICATIONS

American Board of Orthopaedic Surgery, Board Eligible, 1998
American Board of Orthopaedic Surgery, Board Certified, 2000
American Board of Orthopaedic Surgery, Re-certification, 2011

PROFESSIONAL MEMBERSHIP

Arthroscopy Association of North America (AANA)
American Orthopaedic Society for Sports Medicine (AOSSM)
American Academy of Orthopaedic Surgeons (AAOS)
American College of Sports Medicine (ACSM)
Chicago Sports Medicine Society
Original Board Member, Author of Constitution
American Medical Association, 1988 – Present
Illinois State Medical Society, 1992 – Present

INSTRUCTOR

Arthroscopy Association of North America (AANA)
American Orthopaedic Society for Sports Medicine (AOSSM)
American Academy of Orthopaedic Surgeons (AAOS)

CURRENT ATHLETIC CONSULTATION/TEAM PHYSICIAN

Chicago Red Stars-National Professional Women's Soccer League
Team Physician USA Soccer Federation
Lake County Fielders, Professional Baseball Team
Lake County Rugby
Eclipse Select Soccer Club
Greater Libertyville Soccer Association (GLSA)

Lake Forest College, NCAA

Carmel Catholic High School
Grayslake North and Central High Schools
Lake Forest High School
Lakes Township High School
Vernon Hills High School
Warren Township High School

HONORS & AWARDS

PROFESSIONAL

Chicago Magazine- "Chicago's Top Doctors"
North Shore Magazine- "Top Tier M.D."
American Registry- Patient's Choice Award
Selected as one of "America's Top Orthopedists"
National Top Doctor Award
Best of Libertyville Awards for Orthopedists

FELLOWSHIP

Scored 99th percentile on American Orthopaedic Society for Sports Medicine 1998 Fellowship Examination

RESIDENCY

Chosen Chief Resident, University of Illinois
Training Room, 1994 - 1997
Appointed Academic Chief Resident 1996-1997

MEDICAL SCHOOL

Honor Roll

UNDERGRADUATE

Dean's List

Alpha Epsilon Delta (Pre-medical honor society)

Outstanding Academic Achievement Award

RESEARCH/PRESENTATIONS/PUBLICATIONS

Book chapter: "Anatomic Variance in Shoulder Arthroscopy And Bursoscopy" Advanced Arthroscopy Springer, Verlag New York, Inc. Editor: James Chow M.D. Authors: Roger N. Chams, M.D., Stephen J. Snyder, M.D.

"S.C.O.I. Technique of Biceps Tenodesis Using the C-W Subpectoralis Approach A Two Year Clinical Follow-Up": Roger N. Chams, M.D., Stephen J. Snyder, M.D. Presented At Annual Fellows Day meeting June, 1988; Presented at the **Arthroscopy Association of North America 1999 Annual Meeting Vancouver, BC Canada**; Submitted to the journal Arthroscopy; Western Orthopaedic Association 63rd Annual Meeting 1999 Coronado Island, San Diego, California.

"Long Term Follow-Up of Modified Brostrum Procedure for Ankle Instability After Arthroscopic Evaluation": Roger N. Chams, M.D., Richard D. Ferkel, M.D. Presented at Annual Fellows Day meeting June, 1988. Presented at the **American Orthopaedic Society for Sports Medicine, 2000 Annual Meeting, Sun Valley, Idaho.**

Multicenter prospective study: "Arthroscopic Rotator Cuff Repair" with Stephen J. Snyder (On going)

Prospective Outcome Study: "Adhesive Capsulitis" with Stephen J. Snyder (On going)

EDUCATIONAL VIDEO PRODUCTION

“Arthroscopic Weaver Dunn Technique” with Stephen J. Snyder, M.D.

“Arthroscopic Surgical Techniques Using Shoulder Model” with Stephen J. Snyder. Presented at 1998 Annual Arthroscopy Assoc. of North America Meeting, Orlando, Florida

“S.C.O.I. Technique of Biceps Tenodesis Using the C.W. Subpectoralis Approach”. Presented at the American Academy of Orthopaedic Surgeons Annual 1999 Meeting, Anaheim, California

COURSE INSTRUCTION & LECTURES

Multiple Clinical Case Reports for the UIC Training Room Accepted and Presented at the 1996 American College of Sports Medicine Annual Meeting, Cincinnati, Ohio.

“Diffuse Periostitis of the Forearm in a Gymnast”

“Bankart Lesion in a Pitcher”

“Transient Quadriplegia in a Hockey Player”

Cadaver Study: Reproducibility of Anatomic Tibial Landmarks for Anterior Cruciate Ligament Reconstruction; With Mark Hutchinson, M.D., Chief, Section of Sports Medicine, Department of Orthopaedics; Accepted and Presented at the Mid America Orthopaedic Association 14th Annual Meeting, April, 1996, San Antonio, Texas. Poster Presentation/Exhibit American Academy of Orthopaedic Surgeons 64th Annual Meeting, 2/13/97 San Francisco, CA Sports Medicine Specialty Day Presentation American Academy of Orthopaedic Surgeons 64th Annual Meeting 2/17/97 San Francisco, CA

Biomechanical Analysis of Mini Suture Anchors for Repair of Flexor Digitorum Profundus Avulsion “Jersey Finger Injury”. Mark Gonzalez, M.D., Chief, Section of Hand Orthopaedics; Senior Thesis Presentation 6/97. Submitted To American Journal of Sports Medicine; Journal of Hand Surgery

Faculty Lab instructor: SCOI Shoulder Annual Tutorial
San Diego Shoulder Arthroscopy and Arthroplasty 15th
Annual Meeting June 24-27, 1998

Lecture: Center Club/Condell 6/14/99
“Common Shoulder and Knee Athletic Injuries”

Lecture: Lake Forest Health and Fitness Institute, January 2001
“New Treatments for Shoulder and Knee Injuries”

Lecture and lab faculty instructor for American Academy of
Orthopaedic
Surgeons Learning Center Course: “Complex Knee Surgery”
April 30-May 2, 1999, Rosemont, Illinois. “Complex knee
Surgery”: Surgery for the Active Knee July 27-July 29, 2001
Rosemont, Illinois.

Lecture- “Advancements in Orthopaedic Procedures of the Knee
and Shoulder” April 15, 2003
Lovell’s of Lake Forest

Lecture: Arthroscopic Surgery & Rehabilitation of Shoulder
Surgery
Chicago Medical School, 11/22/2003
“Arthroscopic Treatment of SLAP Lesions and Instability”
“Arthroscopic Treatment of Rotator Cuff Tears”

Lecture: Arthroscopic Surgery & Rehabilitation of Knee Surgery
Chicago Medical School, 11/14/2004
“Arthroscopic Treatment of Meniscal Tears/ Transplantation”
“Arthroscopic Treatment of Ligament Injuries (ACL, PCL, LCL)”
“Arthroscopic Treatment of Articular Cartilage
Transplantation/OATS (Genzyme)”

Lecture: Arthroscopic Surgery & Rehabilitation of Knee Surgery
Chicago Medical School, 8/18/2006
“Arthroscopic Treatment of Meniscal Tears/ Transplantation”
“Arthroscopic Treatment of Ligament Injuries (ACL, PCL, LCL)”
“Arthroscopic Treatment of Articular Cartilage
Transplantation/OATS (Genzyme)”

Arthroscopic Association of North America (AANA)
Faculty Lab Instructor, March 9-11, 2007
Orthopedic Learning Center, Chicago, IL
The Master Experience Course: “Shoulder Instability”

Lecture: Midwest Orthopaedic Network- Worker's Compensation Symposium

"Worker's Compensation Injury of the Knee and Shoulder"

5/20/2008

Lecture: Worker's Compensation Case Management Seminar

Athletico Corporate Conference Center, Oak Brook, IL 4/28/2009

"New Procedures for Shoulder and Knee Surgery"

Northwestern Lake Forest Hospital- Grainger Foundation Lecture,
October 13th, 2009

"Minimally Invasive Surgery of the Knee and Shoulder"

Faculty Lab Instructor- Orthopaedic Surgery Controversies-
Shoulder and Hip Arthroscopy

November 5-7, 2009

Silverado Resort, Napa, CA

Arthroscopy Association of North America (AANA)

28th Annual Fall Conference- November 19-21, 2009

Palm Desert, CA

Knee and Shoulder Faculty Lab Instructor

Arthroscopy Association of North America (AANA)

Faculty Lab Instructor, December 3-5, 2009

Orthopaedic Learning Center, Chicago, IL

The Master Experience Course: "Optimizing and Broadening your
Arthroscopic Skills"

Lecture- Northwestern Lake Forest Hospital- Women's Health
Advisory Council, January 30, 2010

6th Annual House Calls- "Advances in Arthroscopic Knee and
Shoulder Surgery"

Lecture: Athletico- Grayslake 6/29/2010

"Advances in Shoulder and Knee Surgery, Orthobiologics, and
PRP injections.

Lecture: Accelerated- Libertyville 9/21/2010

"Advances in Shoulder and Knee Surgery, Orthobiologics, and
PRP injections.

Lecture: Lake Forest Hospital Health and Fitness Institute
9/28/2010

"Advances in Shoulder and Knee Surgery, Orthobiologics, and
PRP injections.

Orthopaedic Surgery Controversies- October 2010
Silverado Resort, Napa, CA
Faculty Lab Instructor- Shoulder and Hip Arthroscopy

Arthroscopy Association of North America (AANA)
29th Annual Fall Conference- November 18-20, 2010
Palm Desert, CA
Knee and Shoulder Faculty Lab Instructor

Lecture: Athletico Corporate Conference Center 5/20/2011
“Advances in Shoulder and Knee Surgery, Orthobiologics, and PRP injections.
Oak Brook, IL

Lecture: Northwestern Memorial Hospital- Feinburg Building
7/27/2011
“Play it Safe”

Lecture: Accelerated Rehab Oakbrook, IL. 12/01/11
“The Industrial Athletes Knee” Workers Compensation Adjusters

Lecture: Athletico Physical Therapy 1/19/12
“The Industrial Athletes Knee” Workers Compensation Adjusters

Lecture: Athletico Corporate Oakbrook 2/7/12
“Current State of Art in Shoulder Arthroscopy / Reconstruction”

Lecture: Primary Care Physicians 3/6/12
“What’s New in Sports Medicine” Oakbrook

Lecture: Accelerated Rehab 9/11/12
“New Trends in Sports Medicine for the ATC” Lake Bluff

Lecture: Accelerated Rehab 4/13/13
“Articular Cartilage Transplantation and Orthobiologics”

Lecture: Workers Compensation Symposium 3/4/14
“The Industrial Athletes Shoulder and Knee Injuries” Northbrook

Lecture: Chicago Sports Medicine Symposium 5/29/14
“ACL Reconstruction” University of Illinois

Lecture: Illinois Bone and Joint Institute Work Comp 11/11/14
“The Work Comp Shoulder”

Lecture: Accelerated Rehab 8/10/14 Barrington
“The Team Physician”

Lecture: Athletico Physical Therapy
“Rotator Cuff Tears in the Throwing Athlete” 1/28/15

Lecture: Athletico Physical Therapy
“ATC/ MD Communication and Rehabilitation” 3/25/15

Lecture: Illinois Bone and Joint Institute HPI 4/15/15
“ACL Reconstruction, How Are We Doing ?”

Lecture: Athletico McDonald University Oakbrook 5/15/15
“Whats New in Sports Medicine?”

Lecture: Athletico PT ATC Mundelein 11/12/15
“Shoulder Instability / Options for Severe Bone Loss”